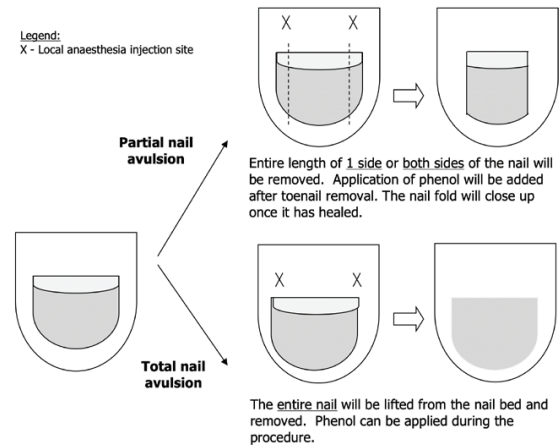


Nail Avulsion Surgery

What Is A Nail Avulsion Surgery?

There are 2 types of toenail procedures performed in a podiatry clinic: partial nail avulsion and total nail avulsion. Your podiatrist will inform you which procedure will be more suitable for you based on your nail condition. Both procedures will be done under local anaesthesia with or without application of phenol.

Depending on the current nail condition, phenol may be applied during the procedure to prevent toenail regrowth. Phenol is a chemical that kills off the cells that manufactures the nail plate and hence, prevent future nail growth. Complete healing of post-op surgery will take an average of 2 weeks.



Risks And Possible Complications Of Nail Surgery:

- Nail re-growth (< 10%)
- Localised infection
- Post-operative pain and minor bleeding
- Phenol burn
- Delayed healing
- Reaction to local anaesthetic injection
- Local nerve damage

Post-Surgical Care Instructions

- Keep the dressing clean and dry until the next podiatry appointment.
- Good foot hygiene is important to reduce the risk of post-surgery infection.
- Avoid tight and covered footwear or excessive weight-bearing activities on the day of surgery.
- If you see mild blood stains on the post-operative dressing, reinforce it with a clean and dry gauze. If excessive bleeding is noted, please seek medical help immediately.
- If required, you can take some Panadol to help reduce any pain to the wound site.
- Elevate the foot with the nail surgery site for the next 3 hours to reduce swelling and bleeding.
- You may take Panadol if you feel discomfort when the numbness wears off (usually after 2 to 4 hours).
- If you notice the following signs and symptoms over the surgery site, please seek immediate medical advice from your General Practitioner or the Polyclinic.

Signs And Symptoms Of Infection:

- Redness
- Swelling
- Warmth
- Increasing pain
- Pus or excessive bleeding from the wound site

Instructions For Dressing:

- Remove the old dressing covering the toe
- With clean hands, open the dressing set and empty 1 ampoule of normal saline onto the cotton balls in the disposable plastic tray
- Use the soaked cotton balls to clean the wound several times, and dry the toe with gauze after that
- Apply the Povidone Iodine onto the wound site
- Cover the wound with Primapore dressing
- Change the dressing daily or as recommended

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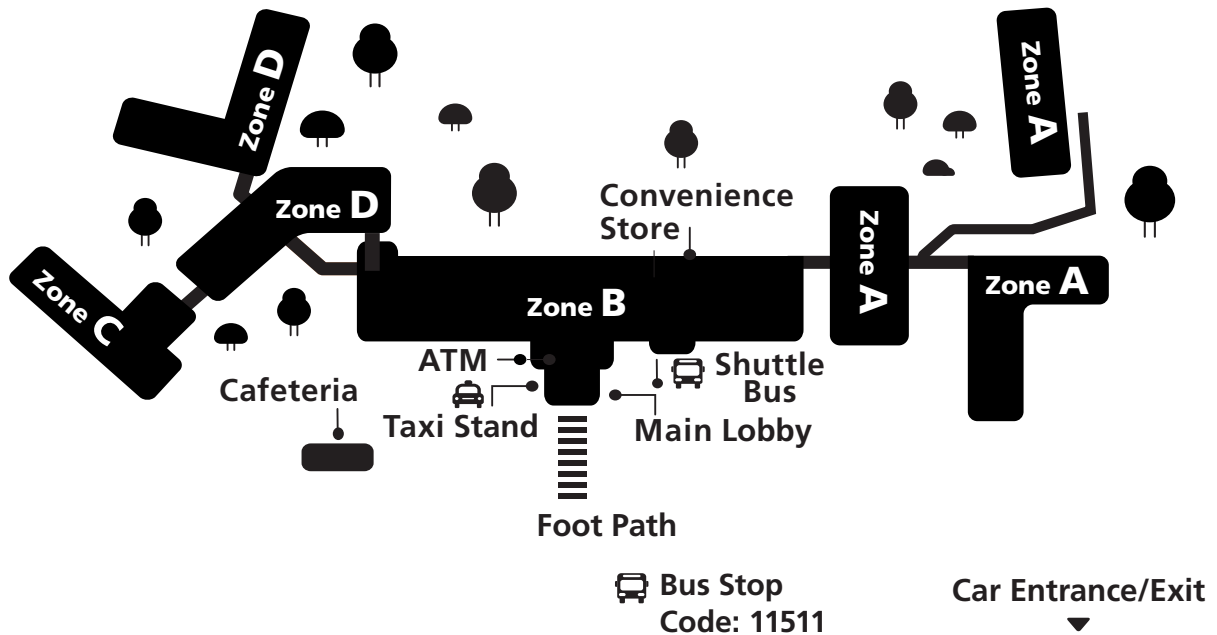
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The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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