

Alexandra Hospital

A member of the NUHS



Chronic Programme



Live Better

CHRONIC CARE

Healthcare Redesigned

Our Purpose Statement

We walk with you and your loved ones through your health journey as we redesign healthcare with our people and our community.

Connecting You to Well-Rounded Care

Our Chronic Programme is specially designed for patients with multiple chronic conditions that may require consultations with more than one specialist, helping them to Live Better.

With us, patients receive personalised care and attention by the same doctor and care team who are trained to cover a broad spectrum of chronic diseases such as diabetes, high blood pressure and high cholesterol. This enables them to see only one doctor instead of multiple specialists, thereby reducing their number of appointments and waiting time.

At Alexandra Hospital, we create convenient and fuss-free healthcare journeys for all.

Services at a Glance



Integrated Care, Clinic J

A clinic that provides one-stop care for multiple chronic conditions.

It is specially designed for patients who have:

- Many specialist appointments to follow up on
- Multiple chronic conditions
- Just been discharged from any ward
- Undiagnosed symptoms

The clinic provides a comprehensive range of everything from family practice and internal medicine services, general medical care for adult and geriatric patients, preventive care, diabetic management, cholesterol and blood pressure management, osteoporosis. The team also manages stable medical conditions such as:

- Cardiovascular Diseases (Heart and Vascular System)
- Dermatological Diseases (Skin)
- Endocrine Diseases, Diabetes and Metabolism
- Gastroenterological Diseases (Stomach and Intestinal System, Liver and Gall Bladder)
- Hematological Diseases (Blood)
- Infectious Diseases (Bacterial, Viral, Fungal and Parasitic Infections)
- Kidney Diseases
- Pulmonary Diseases (Lung and Respiratory System)
- Rheumatological Diseases (Joints and Musculoskeletal System)



Start Your Healthcare Journey With Us
Approach any of our Service Associates, or call 6472 2000 to schedule an appointment.

Visit us at the Integrated Care Clinic J, Block 1, Level 2.

**Five Programmes,
One Redesigned Healthcare Journey:**



Clinic G (Well Clinic)

Take the first step towards health empowerment and prevention with our **Well Programme** by being proactive with screening, exercise and treatment.



24/7, Walk-in Urgent Care Centre

The **FAST Programme** looks at emergency treatment from acute, sub-acute to rehabilitative care at our integrated wards.



Clinic J (Integrated Care Clinic)

The **Chronic Programme** led by one doctor and one care team consolidates a patient's multiple conditions and treatment plans including medication and rehabilitation regime, into one appointment.



Clinic K (Healthy Ageing Clinic)

Our **Healthy Ageing Programme** cares for the elderly's mind, mobility and sensory, orthopaedic and other geriatric and social needs holistically.



Coming in 2019

Champions for compassionate care and quality of life, at every age and at every stage, our **Palliative Programme**:

- Enables and empowers everyone to care.
- Encourages caring across boundaries.
- Creates caring systems.
- Helps all to live well before leaving well.

One Care Team, One-Stop Care

The new Alexandra Hospital looks after you from diagnosis, treatment, rehabilitation to discharge through five key clinical programmes.

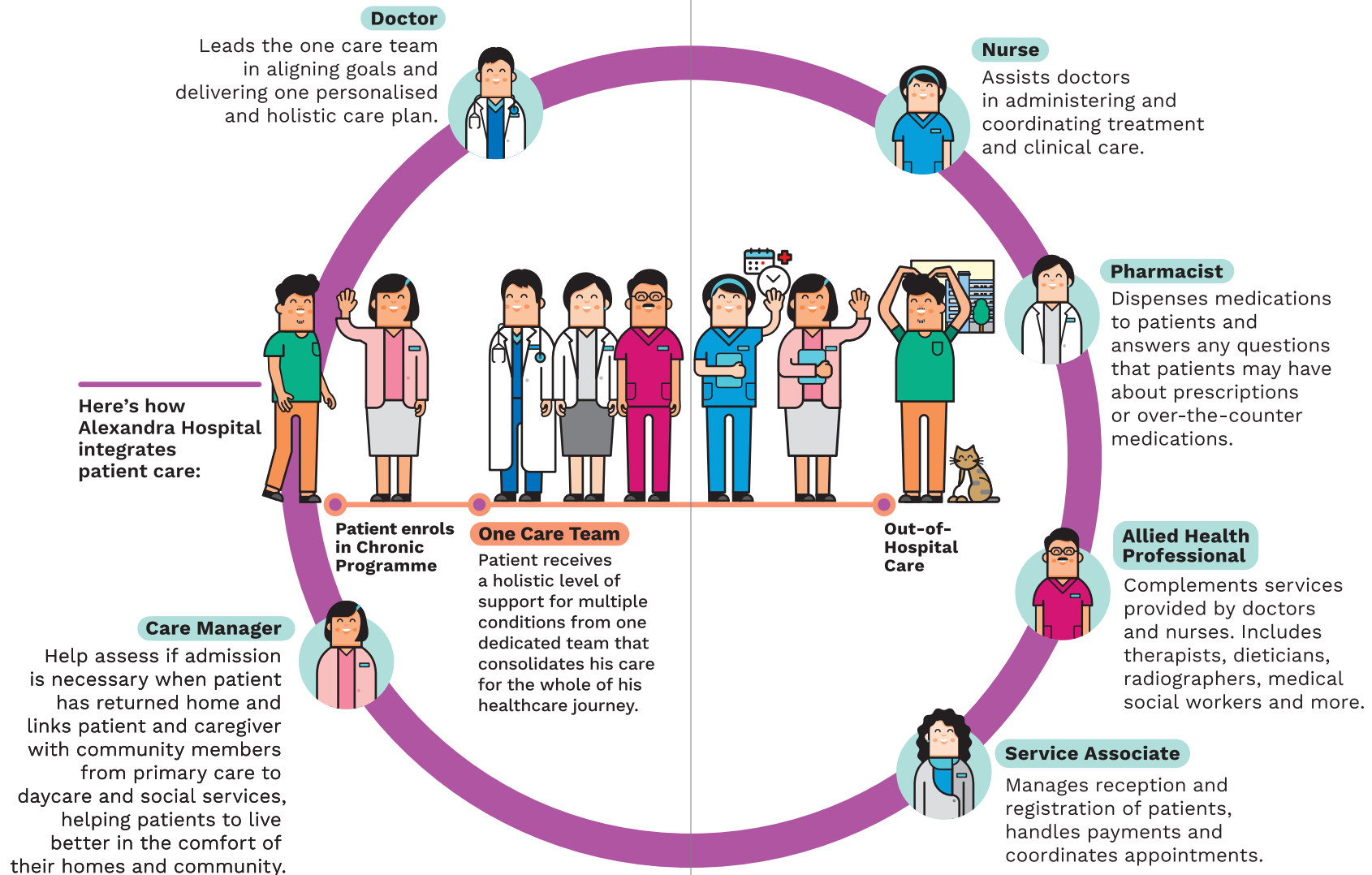
We care for our patients through our one care team, where the one and the same care team led by a principal doctor sees the patient with multiple conditions, cutting down on the number of appointments.

It is the first integrated hospital which provides a single continuum of care across different care settings from acute, sub-acute to rehabilitative care.

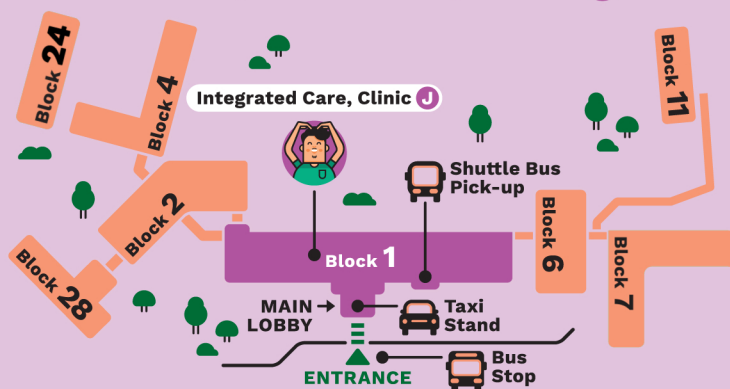
For inpatients, we offer a same-bed, one-stop care across different stages of the recovery journey, thereby offering greater convenience, saving time and hassle of inter-hospital transfers.

Our out-of-hospital care programme brings together community members from primary care to daycare and social services, helping patients to live better in the comfort of their homes in the community.

At Alexandra Hospital, we believe excellent healthcare, like our patients, should be focused on only one thing – getting better.



How to Get to Integrated Care, Clinic



By Bus

Alight at
Alexandra Hospital,
Bus Stop Code: 11511
Take buses 14, 33, 51,
61, 93, 100, 120, 195, 197

Alight opposite
Queensway
Shopping Centre,
Bus Stop Code: 11519
Take buses 14, 33, 51,
61, 93, 100, 120, 195, 197



By MRT

From Queenstown
MRT Station,
Exit A: Take bus 51
Exit B: Take bus 195

From Commonwealth
MRT Station,
Exit B: Take bus 100

From Redhill
MRT Station,
Exit A: Take buses 33, 120



By Shuttle Bus

From Queenstown MRT
to Alexandra Hospital
Travel time: 16-20 min

Weekdays excluding
Public Holidays:
Queenstown MRT Station
First bus: 6.40am
Last bus: 8.20pm

Mei Ling Street
First bus: 6.50am
Last bus: 8.30pm

Mei Chin Road
First bus: 6.53am
Last bus: 8.33pm

Alexandra Hospital
First bus: 7.00am
Last bus: 8.40pm

Saturday, Sunday
and Public Holiday:
Queenstown MRT Station
First bus: 10.00am
Last bus: 8.00pm

Alexandra Hospital
First bus: 10.00am
Last bus: 8.00pm

Peak hours (6.40am to 9.00am,
4.30pm to 6.00pm): 10 min intervals
Off-peak: 20 min intervals

From Commonwealth MRT
Station to Alexandra Hospital
Travel time: 18-25 min

Weekdays excluding
Public Holidays:
Commonwealth MRT Station
First bus: 6.40am
Last bus: 8.20pm

Blk 50 Commonwealth Drive
First bus: 6.45am
Last bus: 8.25pm

Blk 37B Commonwealth Drive
First bus: 6.48am
Last bus: 8.28pm

Alexandra Hospital
First bus: 7.00am
Last bus: 8.40pm

Saturday, Sunday
and Public Holiday:
Commonwealth MRT Station
First bus: 10.00am
Last bus: 8.00pm

Alexandra Hospital
First bus: 10.00am
Last bus: 8.00pm



Main Line

Call 6472 2000 to
schedule an appointment
or make enquiries.



Email

For Appointments: AH_Appointment@nuhs.edu.sg
For Enquiries: AH_Enquiries@nuhs.edu.sg
For Feedback: AH_Feedback@nuhs.edu.sg

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