

Incision And Drainage Of A Chalazion

What Is Chalazion?

This is a condition in which a small lump develops within the eyelid due to a blocked oil gland. It often starts out as a very small red, tender, swollen area of the eyelid. Over time it may change to a painless slow-growing lump. Treatment is initiated with warm compresses (with a clean, warm towel) and regular lid wipes to clean the eyelids. However, some chalazion persist for more than a month and grow larger, then incision and curettage may be recommended.

Preparation

- The doctor will discuss the procedure with you.
- Your consent will be taken.
- Fasting is not required.
- Anticoagulation medication (blood thinning) should be stopped before the procedure.
- Do not apply make-up or false eye lashes on the day of procedure.

During The Procedure?

- You will be rested in bed in a comfortable position.
- Pain relief eye drops will be given.
- Local anaesthesia will be injected into the eyelid surrounding the chalazion.
- The eyelid will be cleaned using a sterile cleansing solution.
- The eyelid will be held using a small instrument. You may feel some pressure during the procedure.
- Once the procedure is completed, an eye pad will be applied with a gentle pressure to minimise bleeding.

After The Procedure

- You may experience some eyelid pain at the Incision site once the local anaesthesia wears off.
- You may remove the eye pad 4-5 hours after the procedure.
- You may have notice some swelling and bruising.
- Apply the prescribed eye ointment on the affected eyelid as prescribed by your doctor.
- Oral antibiotic and pain medication (such as Paracetamol) may be taken if prescribed by your doctor.

When Should I Seek Medical Help?

Should you experience any complications such as the following:

- Excessive bleeding
- Severe pain
- Significant loss of vision

Please contact our main line or head to your nearest Emergency Department.

Alexandra Hospital

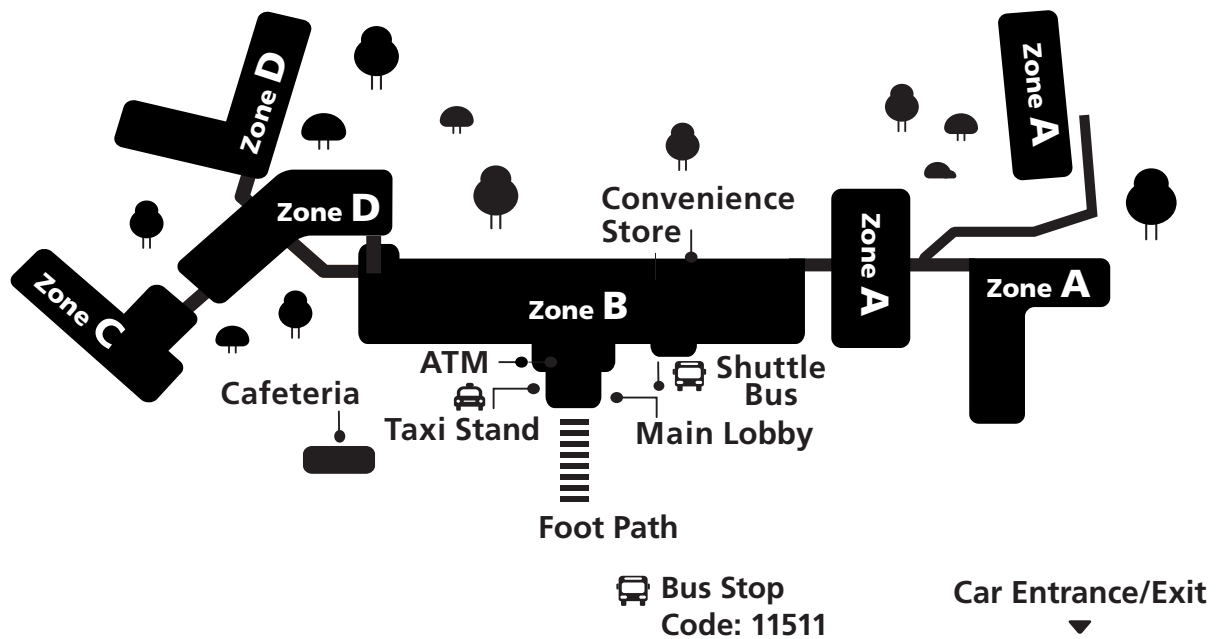
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