

## Bronchoscopy Preparation

### Preparation For:

- Bronchoscopy Lung
- Biolavage
- Bronchoscopy
- Dilatation
- Endobronchial
- Ultrasound (EBUS)

### Before the Procedure

#### Fasting is required

No food & drinks after 12 mid-night on \_\_\_\_\_(Date)

### Advice On Medication

**High blood pressure medication:**

Take with sips of water before \_\_\_\_\_ am

**Diabetic medication:**

Do not take tablets or inject insulin on the morning of Procedure but bring your medication (tablet or injection)

**For blood thinning medication:**

\*CONTINUE / STOP \_\_\_\_\_ days before the endoscopic appointment.

**Others:**

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### On the Day of the Procedure

#### Please bring along:

- Appointment letter
- NRIC/passport/ work permit / employment pass
- Civil Service Card or other medical benefits card
- Medisave form signed by the account holder, together with his/ her NRIC or photocopy of NRIC (both front & back) - this applies if you are not using our medisave account
- Letter of guarantee from your employer / insurance company

**Please Do Not:**

- Wear make-up, nail varnishes or jewellery
- Drive to hospital

**Discharge Advice**

Discharge Advice will be provided after your scope procedure has been completed.

**Other Instructions**

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**When Should I Seek Medical Help?**

It is important to seek medical attention should you experience any of the following symptoms:

- Severe vomiting / nauseous
- Difficulty in breathing
- Giddiness
- Severe chest pain
- Swollen and inflamed injection site
- Coughing up a large amount of blood

You can either consult your family doctor, polyclinic doctor, or a specialist or proceed to the nearest Emergency Department.

## Alexandra Hospital

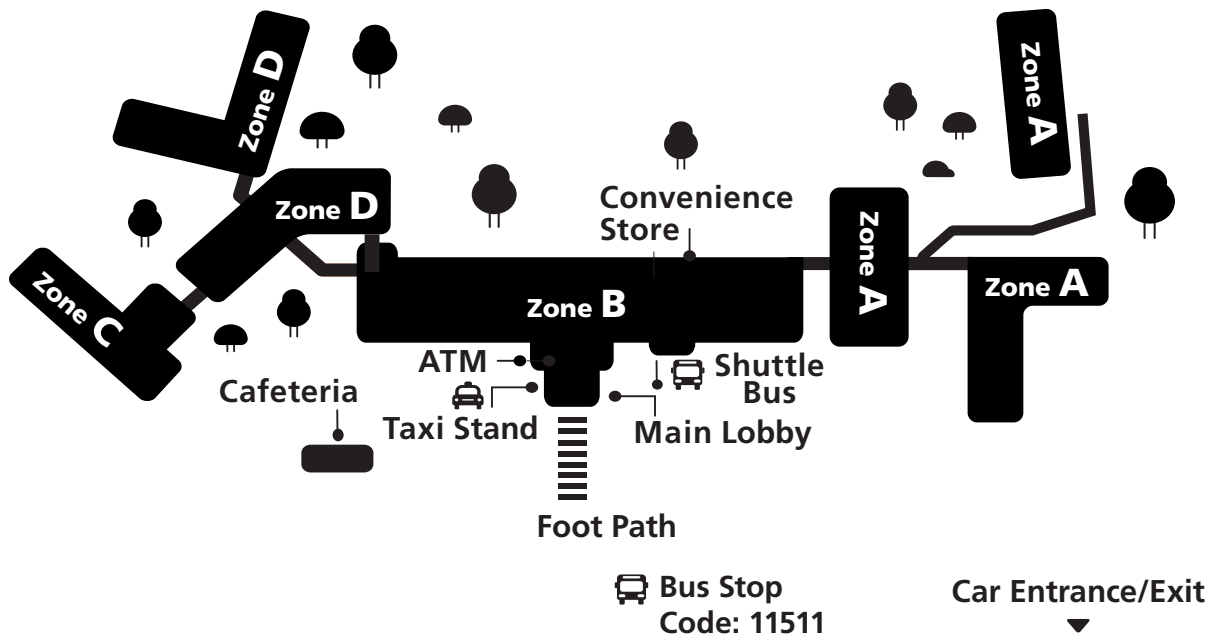
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The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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