

Bronchoscopy Discharge Advice

After the Procedure

You are advised to rest after the procedure. You may experience the following:

- Coughing up small amount of blood (less than a teaspoon) – this is expected, and the bleeding should stop by the next day
- Feverish within 24 hours of the procedure
- Hoarse voice, which usually recovers within one to two days
- Temporary effects of sedation, which should wear off after one day, including:
 - Dizziness
 - Nausea
 - Slight amnesia (you may not remember much about the procedure)
 - Tiredness
 - Judgement and reaction may be hindered for a short period of time, this is it important that you:
 - **Do not drive or operate machinery**
 - **Do not take sleeping tablets and /or alcohol**
 - **Do not sign legal documents or make important decisions**

Dietary Advice

Clear liquid diet for the first six hours. If it is well-tolerated, you can then proceed to milk feeds, followed by soft diet, and subsequently resume the normal diet.

When Should I Seek Medical Help?

It is important to seek medical attention should you experience any of the following symptoms:

- Chest pain
- Coughing up a large amount of blood
- Difficulty in breathing and severe shortness of breath
- Persistent fever for more than 24 hours after the procedure
- Swollen and inflamed injection site

You can either consult your family doctor, polyclinic doctor, or a specialist. Should it be after office hours, please proceed to the nearest Emergency Department or our 24-HR Urgent Care Centre (UCC).

Contact Us

24-HR Urgent Care Centre

Location: Zone A, Level 1, A01-05

Operating Hour: 24 hours, 7 days a week

Alexandra Hospital

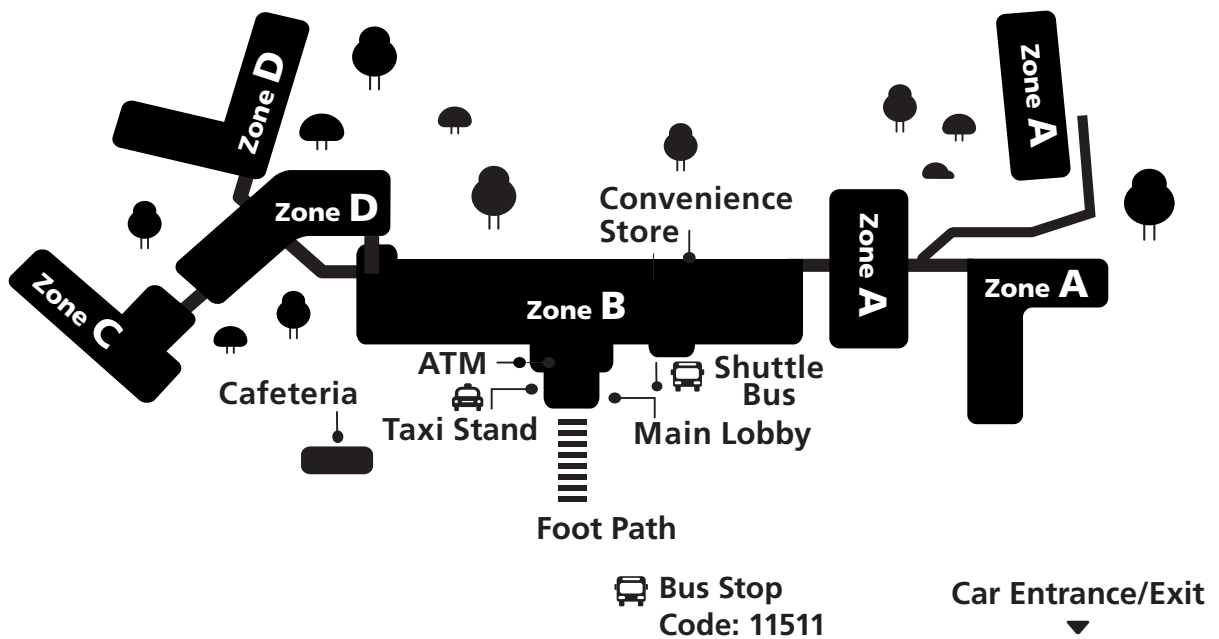
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OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

www.ah.com.sg



<https://for.sg/9ce2eu>

Scan the QR code to find directions and locate our facilities!

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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