

Retinal Laser Therapy

How Do I Prepare Myself For Retinal Laser Therapy?

You may continue to take your routine medications (e.g. for hypertension, diabetes, etc) prior to going for Retinal Laser Therapy.

Can I Drive On The Day Of My Laser Therapy?

Do not drive on the day of the laser therapy. You are strongly encouraged to arrange for someone to accompany you to your appointment.

How Long Will My Appointment Take?

The estimated duration of your clinic appointment is between one and two hours; this timing includes pre and post procedure checks and monitoring.

What Happens Before My Laser Therapy?

Eye drops will be given to dilate the pupil(s) to numb the eye(s). The laser therapy is performed while you are seated on a chair, similar to the one used for regular eye examinations.

What Happens After My Laser Therapy?

After the laser therapy, it is normal to experience:

- Some blurring of vision for the rest of the day.
- Mild eye pain and/or headache for a few hours.
- Slight eye redness and tearing.

Do I Need To Apply Any Eye Drops After The Procedure?

Usually no eye drops are required after the retinal laser therapy.

Do I Need To Come For Follow Up Appointment?

Yes. Your condition still requires further treatment. Please come back to the clinic on the scheduled date for your next appointment.

When Should I Seek Medical Help?

Should you experience any complications such as the following,

- Severe headache or eye pain.
- Significant visual loss.

Please contact our main line or head to your nearest emergency department.

Alexandra Hospital

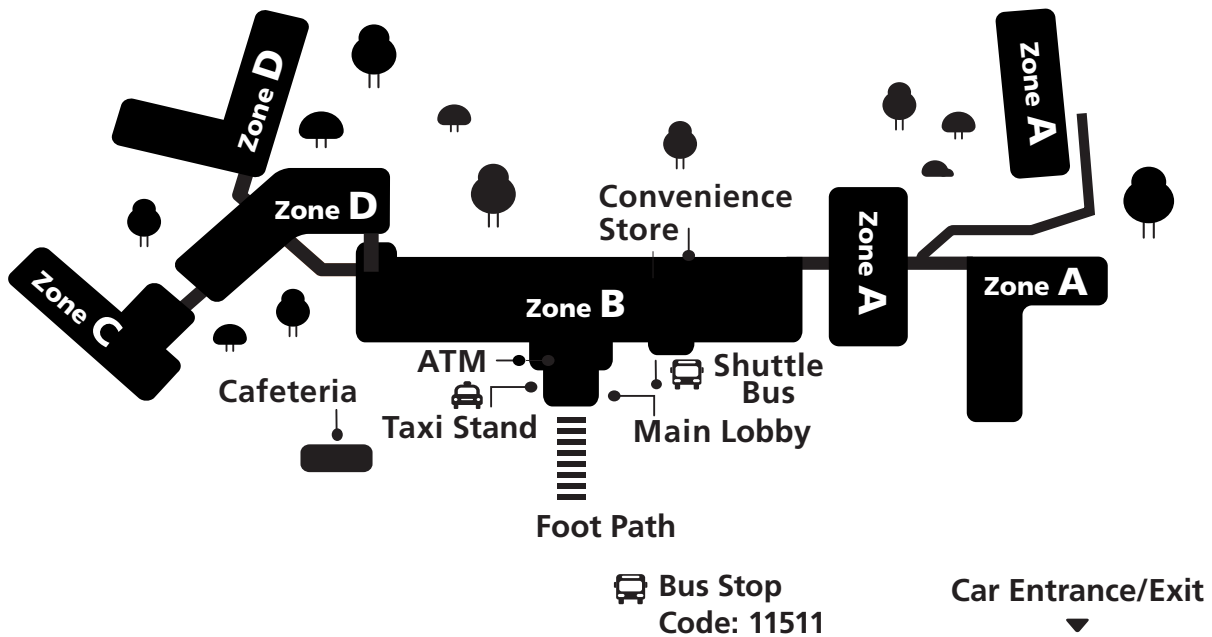
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OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

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