

## Post Nasal Space Biopsy

### What Is Post Nasal Space Biopsy?

- Post nasal space refers to the area that lies behind the nose that connects the nose to the mouth. A biopsy is a procedure whereby a small sample of tissue is removed for examination to determine the diagnosis.
- Your doctor may recommend a post nasal space biopsy if there are unusual features seen during clinical examination. This procedure is usually done under local anaesthetic in the clinic.
- Patients who are on antiplatelet or anticoagulant therapy may be advised to stop these medications temporarily prior to the procedure. This is to minimise the risk of bleeding postprocedure. Please check with your doctor for advice.

### After The Procedure

A temporary nasal packing may be applied to your nose. It will be removed after the procedure before you go home.

### Important To Note

- Avoid taking hot meals/ drinks for the first 1 hour after the procedure.
- Do not cough, sneeze or blow the nose forcefully.
- Small amount of blood stains from your nose and saliva may be expected the first 2 days after the biopsy. Wipe blood that trickles down from the nose or spit it out from the mouth.
- Gargle gently with cold water as needed.

### When Should I Seek Medical Help?

If you experienced bleeding profusely from the nose or throat, please contact our main line or head to your nearest Emergency Department.

## Alexandra Hospital

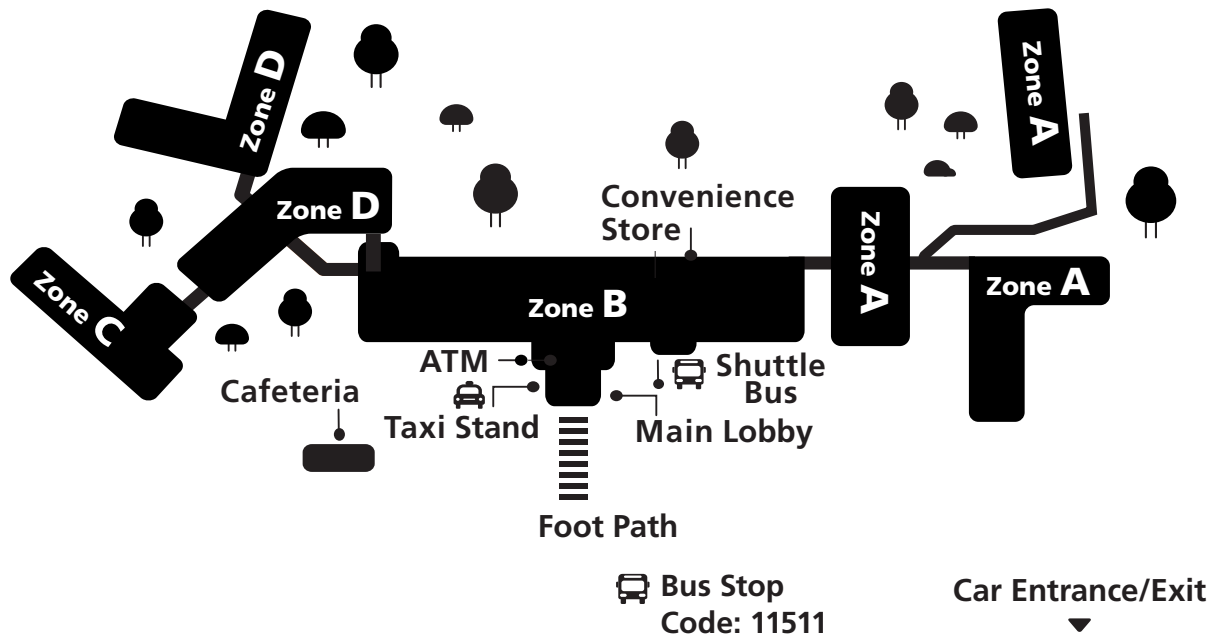
378 Alexandra Road, Singapore 159964

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: [contactus@nuhs.edu.sg](mailto:contactus@nuhs.edu.sg)

OneNUHS Appointments: [appointment@nuhs.edu.sg](mailto:appointment@nuhs.edu.sg)

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