

Difflam [Benzydamine] 3mg Lozenge

Difflam [Benzydamine] Mouthwash

Difflam [Benzydamine] Forte Spray

What is this medication for?

Difflam contains benzydamine hydrochloride, which is a nonsteroidal anti-inflammatory drug (NSAID) that delivers anti-inflammatory, numbing and pain relief. It is used to treat painful mouth and throat conditions such as sore throat, tonsillitis (inflammation of the tonsils) and mucositis (inflammation of the lining of the mouth and gut).

How should I take/use this medication?

Difflam Lozenges

- Dissolve one lozenge slowly in your mouth. Do not swallow or chew.
- You may take the lozenges with or without food.
- Adult and children above 6 years old: 1 lozenge every 1-2 hours as required (maximum 12 lozenges per day).

Difflam Mouthwash

- Difflam mouthwash should generally be used undiluted. If stinging occurs, it may be diluted with water.
- Above 12 years old: gargle with 15ml for at least 30 seconds. Repeat every 1.5 to 3 hours or as recommended by the doctor .
- Children 6-11 years old: Gargle with 5ml to 10ml for at least 30 seconds. Repeat every 1.5 to 3 hours or as recommended by the doctor.

Difflam Forte Throat Spray

- Above 12 years old: 2 to 4 sprays every 1.5 to 3 hours or as recommended by the doctor.
- Children 6-11 years old: 2 sprays every 1.5 to 3 hours or as recommended by the doctor.

How to use the spray:

1. The spray bottle should be held in an upright position.
2. Lift the nozzle through 90 degrees until it is horizontal
3. When using for the first time, press the green plunger down several times until a fine spray appears out of the end of the nozzle. It is now ready for use.
4. Aim the nozzle at the affected area of the mouth and press down on the green plunger again. Each time you press down one puff is released.
5. After applying the correct number of puffs wipe the end of the nozzle with a tissue.
6. Push the nozzle down after use. This prevents any puffs from being released.

What should I do if I forget to take/use this medication?

If you forget to take a dose, take it as soon as you remember. Then take your next dose at the usual time. Do not take two doses to make up for the missed dose.

What precautions should I take?

Inform your healthcare professional if:

- You are allergic to benzydamine or any of the other ingredients of this medicine.
- You are allergic to anti-inflammatory pain medication called NSAIDs (e.g. ibuprofen, diclofenac).
- You are pregnant or breastfeeding.

What are some common side-effects of this medication?

- Numbness or stinging sensations in the mouth
- Dry mouth

What are some rare but serious side-effects that I need to seek medical advice immediately?

The symptoms of a drug allergy include one or more of the following:

- Swollen face/eyes/lips/tongue
- Difficulty in breathing
- Itchy skin rashes over your whole body

If you experience any of these symptoms, you should stop your medication and see your healthcare professional immediately.

How should I store this medication?

- Keep this medicine out of the sight and reach of children.
- Store in the original package below 30°C. Do not refrigerate or freeze.

How should I throw away this medication safely?

Pack this medication into a black trash bag and seal it tightly before throwing into the rubbish chute or bin.

Disclaimers

Please take note that the above is not a complete list of all possible side effects. If you have any concerns about your medication or if you have other side effects that you think are caused by this medication, please consult your doctor or pharmacist.

If you take more than the recommended dose, please seek medical advice immediately. The information provided on this page does not replace information from your healthcare professional. Please consult your healthcare professional for more information.

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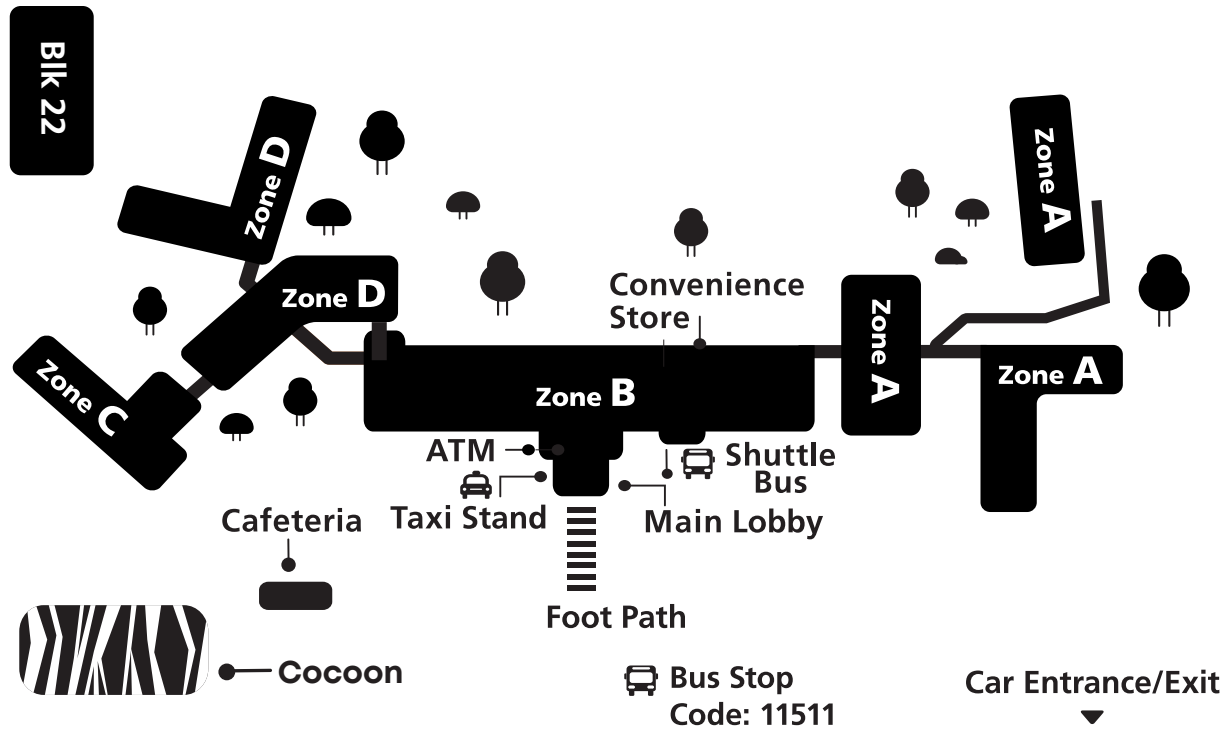
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