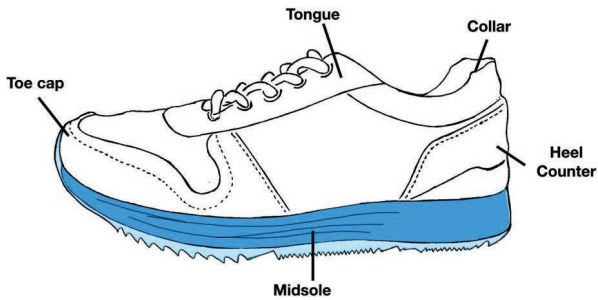
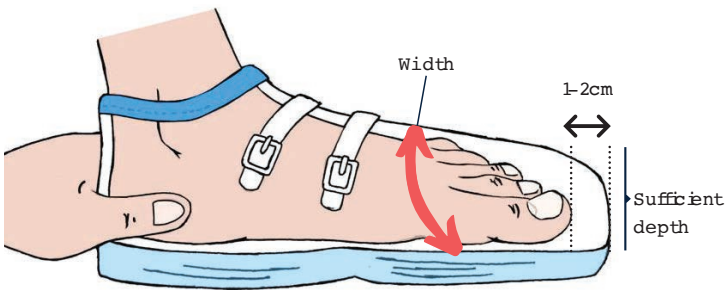


Proper Footwear



Tips For A Good Fit

Ensure there is 1-2cm space from the longest toe to the front of the shoe	
Ensure sufficient forefoot depth to prevent pressure points and to accommodate any toe deformity	
Ensure correct width at the widest part of shoe to foot	
Ensure sufficient heel counter depth and firmness for sufficient support	
Choose footwear with adjustable straps or laces to fasten shoe to foot firmly	



Examples Of Proper Footwear



If you have any further questions, kindly consult your podiatrist.

For More Information, Scan The Qr Codes Below:

**How to Choose
Appropriate
Footwear**



FAQ



Youtube

