

# Intravitreal Injection

#### **Intravitreal Injection**

Intravitreal injections can be used to deliver medicine into the back of the human eye. The inside of your eye is filled with a jelly-like fluid called the vitreous. During this procedure the doctor will inject the medicine into the vitreous, near the retina at the back of the eye. The medicine can treat certain eye problems and help to protect your vision.

#### **Preparation**

- · Your doctor will discuss the procedure with you.
- Your consent will be taken.
- Do not drive on the day of the procedure.
- Bring a pair of sunglasses in case your eyes are sensitive to light.

## **During The Procedure**

- You will be rested in bed in a comfortable position.
- Pain relief eye drops will be given.
- Your eye and eyelid will be cleansed, using a sterile iodine-containing solution.
- An eyelid speculum is to be placed to keep your eyelid open during the procedure.
- You will be asked to look in a particular direction.
- You may feel pressure, with little or no pain during the injection procedure.
- After the injection, the speculum is removed, and the eye is cleansed.
- The entire procedure process will take about 10-15 minutes. Medication will be injected into your eye with a small needle.

#### After The Procedure

- There will be some redness on the white part of your eye. The redness will gradually disappear in 1-2 weeks after the injection is administered.
- You may see shadows or bubbles. This is due to the medication injected into your eye.
  It will last for a few days and will disappear after the medicine has been fully absorbed.
- · Avoid swimming for 2 weeks.
- Avoid getting water, soap or shampoo into your eye(s) after the procedure, especially for the first few days after injection.
- You will only need to instill eye drop(s) when prescribed by your doctor.

#### When Should I Seek Medical Help?

Should you experience any complications such as the following:

- Sudden loss of vision.
- Excessive bleeding from the eye.
- Severe eye pain/ headache and persistent vomitting.
- Seeing 'flashes' of light in your vision.

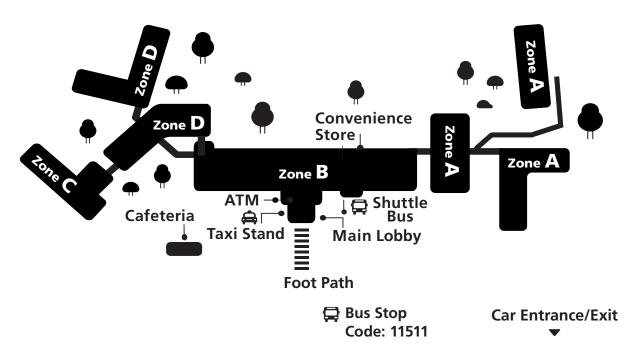
Please contact our main line or head to your nearest Emergency Department

## **Alexandra Hospital**

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