

## Glaucoma Laser Therapy

### **How Do I Prepare Myself For Glaucoma Laser Therapy?**

You may continue to take your routine medications (e.g. for hypertension, diabetes, etc) prior to going for Glaucoma Laser Therapy.

### **Can I Drive On The Day Of My Laser Therapy?**

**Do not drive** on the day of the laser therapy. You are strongly encouraged to arrange for someone to accompany you to your appointment.

### **How Long Will My Appointment Take?**

The estimated duration of your clinic appointment is between two and three hours; this timing includes pre and post procedure checks and monitoring of ocular pressure (IOP) 30 minutes to one hour later. After laser therapy, our doctor will advise you if your glaucoma eye drops should be continued.

### **What Happens Before My Laser Therapy?**

Eye drops (if applicable) will be given to prepare the eye/eyes for the laser. Premedication may cause

- Mild brow ache/headache
- Dim vision
- Giddiness
- Slight abdominal discomfort

### **What Happens After My Laser Therapy?**

After the laser therapy, the nurse will check your intra ocular pressure (IOP) 30 minutes to one hour later.

### **Do I Need To Apply Any Eye Drops After The Procedure?**

Steroid eye drops will be prescribed. If you are already on glaucoma eye drops before the laser therapy, our doctor will advise you if your glaucoma eye drops should be continued.

### **Do I Need To Come For Follow Up Appointment?**

Yes. Your condition still requires further treatment. Please come back to the clinic on the scheduled date for your next appointment.

### **When Should I Seek Medical Help?**

Should you experience any complications such as the following:

- Significant visual loss
- Severe headache or eye pain
- Nausea/ vomiting

Please contact our main line or head to the nearest Emergency Department.

## Alexandra Hospital

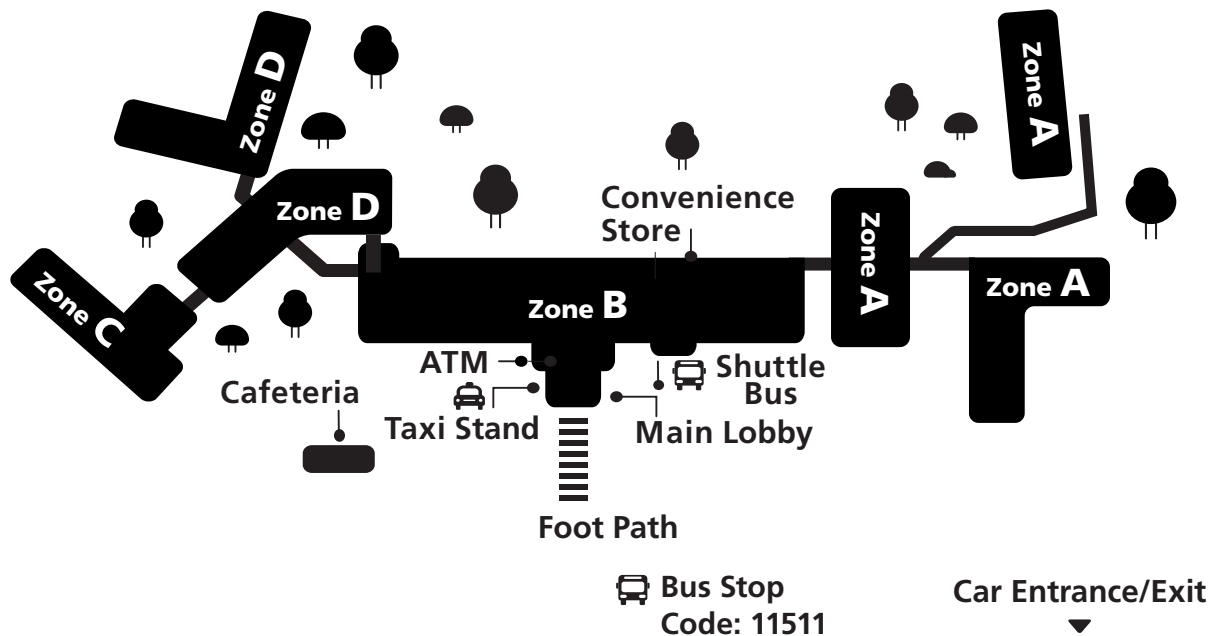
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