



What is an Esophageal Foreign Body?

When a foreign body enters the throat, it may be lodged in the throat or esophagus (food pipe), causing pain. Sometimes, the foreign body may have already passed through and caused abrasions, which can also result in pain. It is hence important that you monitor your symptoms and seek medical attention if the symptoms worsen.

When should I seek medical help?

- Consult a doctor (family doctor or specialist) if you experience any of these symptoms:
- You develop chest pain, breathlessness or neck swelling.
- You have difficulty eating or drinking.
- You develop persistent throat discomfort with fever.
- You cough or vomit blood-stained secretions.

Please proceed to your nearest Emergency Department.

Alexandra Hospital

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The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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