

Eyelid and Oculo-Facial Surgery - Discharge Advice

Post-surgery advice

- Do not remove the eye patch until instructed by your doctor.
- Do not rub your eyes. However, you may gently clean your eyelid with saline or cold water.
- You may experience a scratchy sensation in your eye(s).
- Apply ice packs to the operated eye(s).
- Take pain relief medication as prescribed.
- If bleeding occurs, apply pressure with a clean gauze for a few minutes.
- Please use a moist cotton pad to clean the wound and then apply ointment.
- Bruises may occur and spread down your cheeks; these should be resolved within a few days to a few weeks.
- Scarring from your eyelid or forehead will be minimal and will gradually heal over a few weeks to months.
- Your stitches will be removed within 7 to 10 days.
- · Please keep to your appointment to prevent complications following surgery.

What Adverse Side Effects Do I Need To Look Out For After The Surgery?

- Stitches appear broken and wound is open.
- Sudden or severe throbbing pain.
- Sudden deterioration of vision.
- · Excessive discharge, bleeding or swelling.

When should I seek medical help?

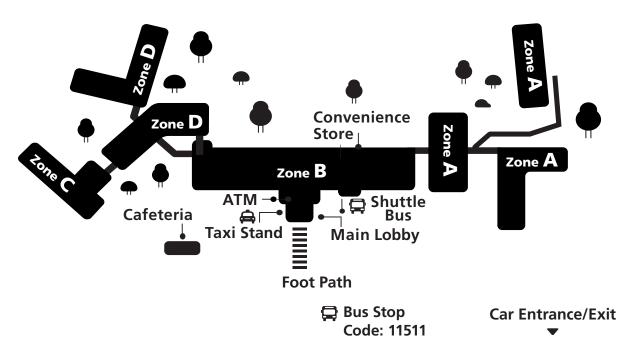
If you experience any complications, contact our main line.

Alexandra Hospital

378 Alexandra Road, Singapore 159964 OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg OneNUHS Appointments: appointment@nuhs.edu.sg

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