

Ear Surgery

Advice Following Ear Surgery

- A pressure bandage may be applied around the head over the ear if an open surgery is done. Dressing will be removed the next day.
- You may experience some pain or discomfort after the operation. Please take the pain relief medications and/or ear drops as prescribed by the surgeon.
- You may experience some vertigo, nausea or vomiting in the immediate postoperative period. This should subside within 24 hours.
- Your ear might feel numb after the operation. This will slowly improve and should resolve in time.
- Try to sleep on the unoperated ear.
- It is normal to have pressure sensation or feeling of fullness and a variety of crackling or popping noises within your ear.
- The outside of the ear canal is usually covered by a cotton ball and should be replaced if it gets soaked with blood. A sponge-like material deep beneath the cotton ball should not be removed until the first follow-up appointment with your doctor.
- It is not unusual to experience some earache when you chew and some difficulty opening your mouth fully in the first week after surgery.

Important To Note

- No swimming, diving or air travel. Please check with your doctor for advice.
- Avoid blowing your nose or sneezing forcefully – Gently clear one nostril followed by the other or sneeze with your mouth open to minimise the pressure in the ear.
- Keep your ear dry as water in the ear increases the chance of infection. You may insert a cotton ball to the outside of the ear canal before shower and replace it with a new cotton ball after shower.
- Please do not touch or remove anything deeper in the ear other than the cotton ball.
- Do not dig your ears.

When Should I Seek Medical Help?

Should you experience any of the following symptoms:

- Fever or chills.
- Severe dizziness and headache.
- Weakness of your facial muscle.
- Worsening pain, swelling, redness or warmth sensation.
- Foul smelling discharge from the ear.
- Continuous leakage of clear fluid from your nose or ear canal.
- Large amount of bleeding.
- Sudden reduced hearing in the operated ear.

Please contact our main line or head to your nearest Emergency Department.

Alexandra Hospital

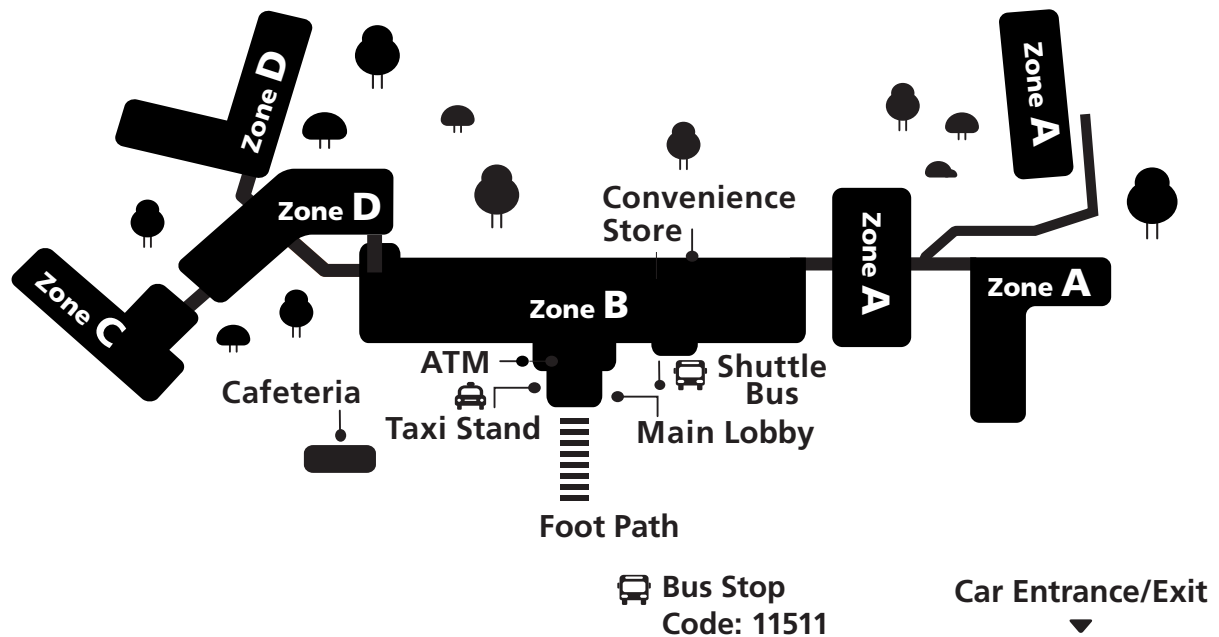
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OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

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