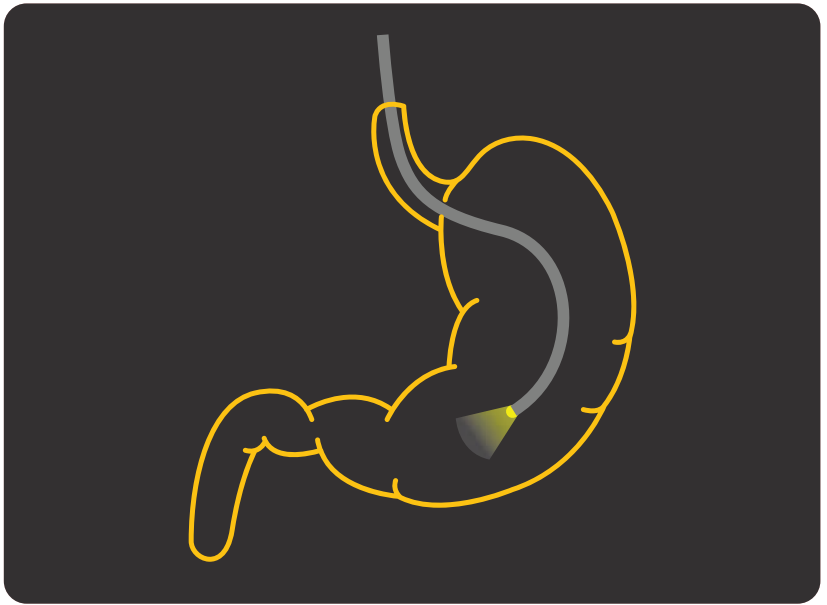


Gastroscopy



What is a Gastroscopy?

A gastroscopy, also known as an Oesophago-Gastro-Duodenoscopy (OGD), is an endoscopic examination of the entire stomach which includes the oesophagus and the duodenum. A long, thin and flexible fibre-optic scope with a built-in camera is used to perform the procedure.

What Will Happen During The Procedure?

An anaesthetic spray will be applied to the back of your throat to numb the area. Mild sedation will be given through an injection.

The doctor will insert the endoscope through the mouth to carry out the examination. A tissue biopsy may be taken by using a flexible biopsy forcep through the scope for a better evaluation of any abnormal areas.

What Will Happen After The Procedure?

You will be transferred to the recovery area for observation until you are certified fit for discharge.

What Are The Possible Risks Or Complications Associated With This Procedure?

Gastroscopy is a safe procedure and complications rarely occur during the procedure. Possible risks include risks of bleeding, perforation, respiratory depression and cardio-respiratory arrest due to sedation (0.1% risk).

What Is The Duration Of The Procedure?

Diagnostic gastroscopy will take an average of ~10 min. The procedure may be longer in certain cases

What Do I Need To Do Before The Procedure?

Fasting is required 6 hours prior to the procedure. Follow the medication plan as advised by your doctor.

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Pre-Procedure Preparation

Fasting is required

For morning appointment:
No food & drinks after 12 midnight on _____

For afternoon appointment:
Have a light breakfast before _____ am.

Light breakfast refers to (2) slices of bread with tea or coffee without milk.

Start fasting after light breakfast.

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Inform Your Doctor

- If you have heart valve disease/pacemaker.
- If you have any medical history or drug allergy.
- Please inform your doctor if you have any dental implants or loose teeth.

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Advice on Medication

High blood pressure medication:
Take with sips of water before _____ am.

Diabetic medication:
Do not take tablets or inject insulin on the morning of the procedure but bring along your medication (tablet or injection).

For blood thinning medication:
*Continue or Stop ___ days before the endoscopic appointment.
(*Tick/ Delete accordingly)

On The Day Of The Procedure

Please bring along:

- Appointment letter.
- NRIC/ passport/ work permit/ employment pass.
- Civil Service Card or other medical benefits card with his / her NRIC or photocopy of NRIC (both front and back) - this applies if you are not using your own Medisave account.
- Letter of guarantee from your employee/ insurance company.
- Lens casing and solution if you are wearing contact lenses.

Do not:

- Wear make-up, nail varnishes or jewellery.
- Drive to hospital.

What Will Happen After The Procedure?

- You may experience temporary effects of sedation. These should wear off after 1 day.
- You may feel dizzy, tired, nauseous and may even vomit or experience slight amnesia (inability to remember events that occurred during the procedure).
- Other side effects which may occur:
 - If your throat is sore, you may take some lozenges.
 - You may feel bloated after the procedure, and air will be passed out when you move around. This will wear off after 2 to 3 hours.
- There is a short period of time where your judgement and reactions may be affected. It is important that you:
 - Have someone to accompany you home after the procedure.
 - Do not drive or operate any machinery.

- Do not take sleeping tablets and alcohol for the next 24 hours.
- Do not sign any legal document or make important decisions.

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Dietary Advice

A soft diet is recommended after the procedure. If it is well-tolerated, you can then resume your normal diet.

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When Should I Seek Medical Help?

Should you experience any of the following symptoms, please visit our 24-HR Urgent Care Centre (UCC).

- Difficulty in breathing.
- Excessive bleeding or passing of black stools.
- Severe abdominal pain and bloatedness.
- Severe chest pain.
- Severe vomiting / nauseousness.
- Swollen and inflamed injection site.

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Contact Us

For change of appointment

Please contact the AH Endoscopy Centre at +65 6379-4240/4241/4242.

Email:

AH_Surgical_Call_Centre@nuhs.edu.sg

Location:

Block 4, Level 1, Ambulatory Surgery Centre (the AH Endoscopy Centre is located within the Ambulatory Surgery

Operating Hour:

Monday to Friday,

8.30am – 5.30pm

Closed on weekends and public holidays

24-HR Urgent Care Centre

Location:

Block 6, Level 1

Operating Hour:

24 hours, 7 days a week

For general enquiries

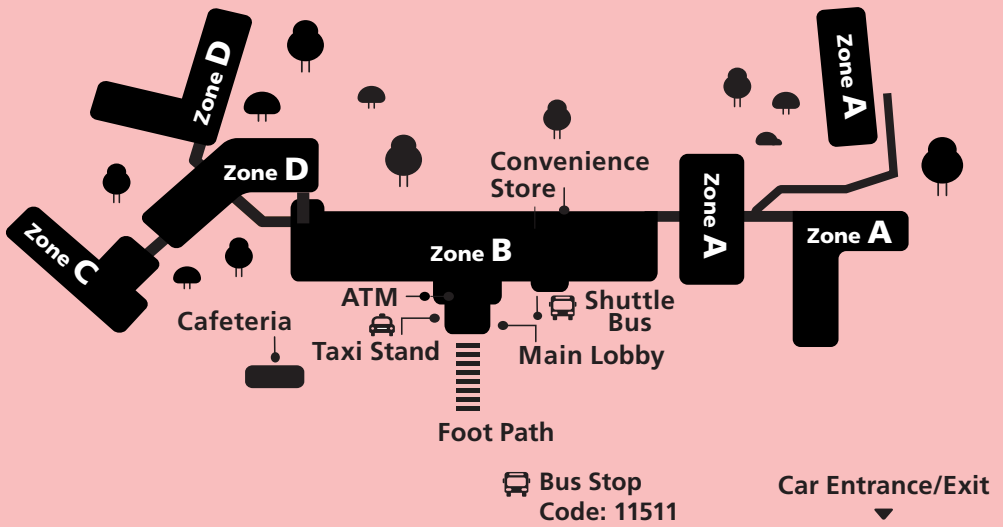
Please contact our Main Line at +65 6908 2222.



Notes:



Notes:



Scan the QR code to see the full directory of facilities!

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions. Information is accurate at time of printing (January 2023) and subject to revision without prior notice.

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