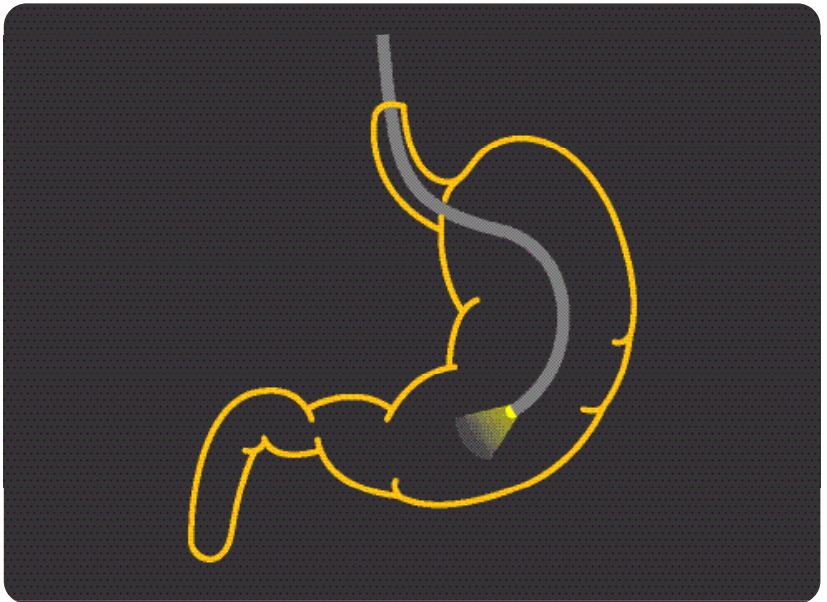


Gastroscopy



What is a Gastroscopy?

A gastroscopy, also known as an Oesophago-Gastro-Duodenoscopy (OGD), is an endoscopic examination of the entire stomach which includes the oesophagus and the duodenum. A long, thin and flexible fibre-optic scope with a built-in camera is used to perform the procedure.

What Will Happen During The Procedure?

An anaesthetic spray will be applied to the back of your throat to numb the area. Mild sedation will be given through an injection.

The doctor will insert the endoscope through the mouth to carry out the examination. A tissue biopsy may be taken by using a flexible biopsy forcep through the scope for a better evaluation of any abnormal areas.

What Will Happen After The Procedure?

You will be transferred to the recovery area for observation until you are certified fit for discharge.

What Are The Possible Risks Or Complications Associated With This Procedure?

Gastroscopy is a safe procedure and complications rarely occur during the procedure. Possible risks include respiratory depression and cardio-respiratory arrest due to sedation (0.1% risk).

What Is The Duration Of The Procedure?

Diagnostic gastroscopy takes an average of 5 to 10 minutes to complete.

What Do I Need To Do Before The Procedure?

Fasting is required 6 hours prior to the procedure. Follow the medication plan as advised by your doctor.

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What Will Happen After The Procedure?

- You may experience temporary effects of sedation. These should wear off after 1 day.
- You may feel dizzy, tired, nauseous and may even vomit or experience slight amnesia (inability to remember events that occurred during the procedure).
- Other side effects which may occur:
 - If your throat is sore, you may take some lozenges.
 - You may feel bloated after the procedure, and air will be passed out when you move around. This will wear off after 2 to 3 hours.
- There is a short period of time where your judgement and reactions may be affected. It is important that you:
 - Have someone to accompany you home after the procedure.
 - Do not drive or operate any machinery.

- Do not take sleeping tablets and alcohol for the next 24 hours.
- Do not sign any legal document or make important decisions.

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Dietary Advice

A soft diet is recommended after the procedure. If it is well-tolerated, you can then resume your normal diet.

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When Should I Seek Medical Help?

Should you experience any of the following symptoms, please visit our 24-HR Urgent Care Centre (UCC).

- Difficulty in breathing.
- Excessive bleeding or passing of black stools.
- Severe abdominal pain and bloatedness.
- Severe chest pain.
- Severe vomiting / nauseousness.
- Swollen and inflamed injection site.

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Contact Us

24-HR Urgent Care Centre

Location:

Block 6, Level 1

Operating Hour:

24 hours, 7 days a week



Notes:

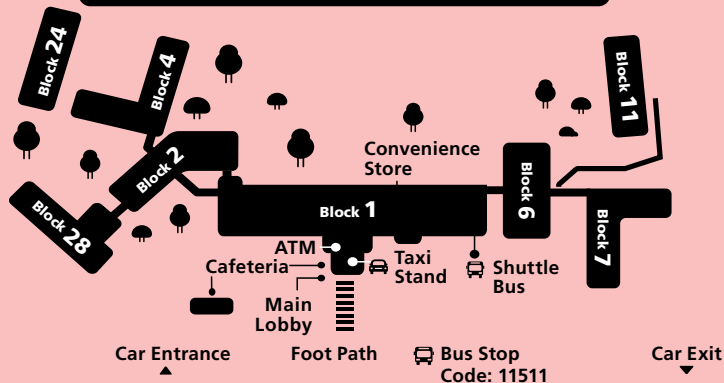


Notes:



Notes:

How to Get Around Alexandra Hospital



Block 1

Level 1

- Clinic F, Clinical Measurement Centre
- Pharmacy

Level 2

- Clinic J, Integrated Care Clinic
 - Gynaecology Clinic
 - Outpatient Infusion Centre (OPIC)
 - Podiatry
- Clinic K, Healthy Ageing Clinic
 - Dietetics
 - General Surgery Clinic
 - Palliative Clinic
 - Physiotherapy
 - Rehabilitation & Restorative Medicine Clinic
 - Staff Clinic
 - Urology Clinic
 - Vascular Clinic

Level 3

- Ward 7

Block 2

Level 1

- Clinic D, Dental Centre
- Clinic E
 - Anaesthesia Outpatient Consultation Clinic
 - Orthopaedic Centre

Level 3

- Day Surgery Operating Theatre (DSOT)

Block 4

Level 1

- Ambulatory Surgery Centre
- Endoscopy Centre
- Rehabilitation 1

Level 2

- Wards 2 and 3

Level 3

- Wards 4 and 5

Block 6

Level 1

- Diagnostic Imaging 2 (DI 2)
- 24-HR Urgent Care Centre

Level 2

- Diagnostic Imaging 3 (DI 3)
- Major Operating Theatres 1 and 2 (MOT 1 & 2)

Level 3

- Intensive Care Unit 1 (ICU 1)
- Major Operating Theatres 3 and 4 (MOT 3 & 4)

Block 7

Level 1

- Wards 8 and 9

Level 2

- Wards 10 and 11

Level 3

- Wards 12 and 13

Block 11

Level 1

- Rehabilitation 2

Block 28

Level 1

- Care and Counselling
- Clinic A, Ear, Nose and Throat Centre (ENT Centre)

Level 2

- Clinic B, Eye Surgery Centre

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions. Information is accurate at time of printing (March 2021) and subject to revision without prior notice.

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