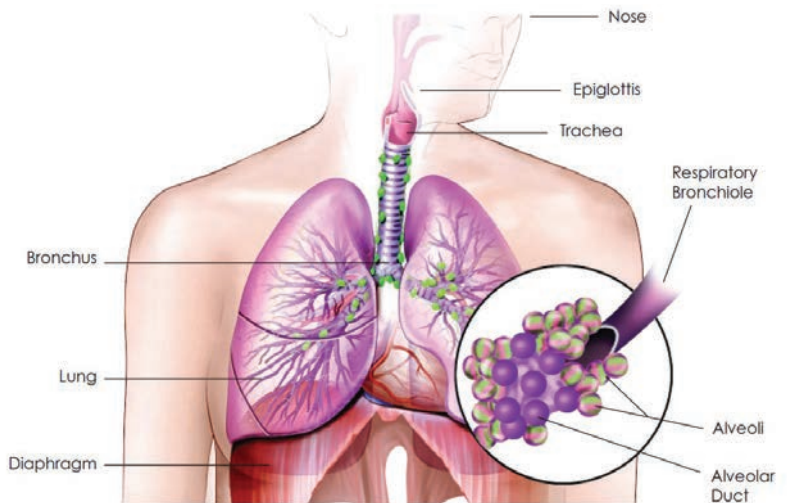


# Bronchoscopy Discharge Advice



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## After the Procedure

You are advised to stay home and rest after the procedure.

You may experience the following:

- Coughing up small amount of blood (less than a teaspoon)
  - this is expected, and the bleeding should stop by the next day
- Feverish within 24 hours of the procedure
- Hoarse voice, which usually recovers within one to two days
- Temporary effects of sedation, which should wear off after one day, including:
  - Dizziness
  - Nausea
  - Slight amnesia (you may no remember much about the procedure)
  - Tiredness

- Judgement and reaction may be hindered for a short period of time, this is it important that you:
- **Do not drive or operate machinery**
- **Do not take sleeping tablets and /or alcohol**
- **Do not sign legal documents or make important decisions**

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## Dietary Advice

Clear liquid diet for the first six hours. If it is well-tolerated, you can then proceed to milk feeds, followed by soft diet, and subsequently resume the normal diet.

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## When Should I Seek Medical Help?

It is important to seek medical attention should you experience any of the following symptoms:

- Chest pain
- Coughing up a large amount of blood
- Difficulty in breathing and severe shortness of breath
- Persistent fever for more than 24 hours after the procedure
- Swollen and inflamed injection site

You can either consult your family doctor, polyclinic doctor, or a specialist. Please proceed to the nearest Emergency Department or our 24-HR Urgent Care Centre (UCC). should it be after office hours

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## Contact Us

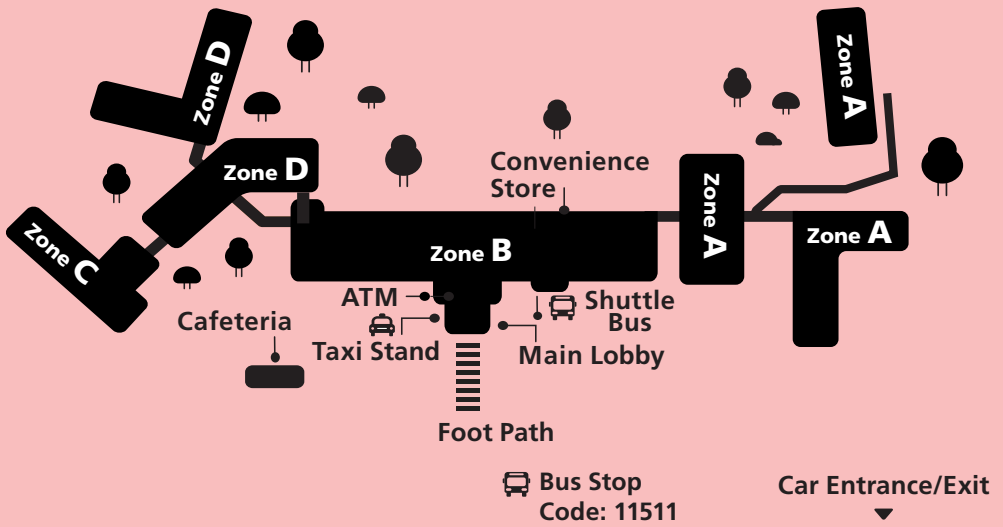
**24-HR Urgent Care Centre**

**Location:**

Block 6, Level 1

**Operating Hour:**

24 hours, 7 days a week



Scan the QR code to see the full directory of facilities!

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions. Information is accurate at time of printing (January 2023) and subject to revision without prior notice.

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